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Addiction: The Brain Disease



Synopsis

Addiction, the Brain Disease is a young adult guide to the physical, emotional, social, psychological disease of addiction. Addiction to substances, behaviors, and addiction to the self are explored. Self-tests, personal stories, treatment, recovery, dictionary of addictions, terms, and meanings are included. Also includes lists of resources, help sources, a bibliography, illustrations, and personal stories.

Book Information

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Age Range: 12 - 15 years

Grade Level: 7 - 10

Customer Reviews

Gr 7-10 "Preachy in tone, this volume leaves much to be desired. The illustrations are cartoonish and reminiscent of 1970s art; a lot of space is dedicated to the genetic aspect of addiction; and scare tactics, including horrifying "true" stories, are the mainstay of the argument against becoming addicted to drugs. Although helpful resources are listed in the back matter, including websites, it is doubtful that many readers will stick with the book long enough to get to them. The middle section, "Self-Test Questions," includes "screening tests" for different types of disorders and addictions. The main thesis seems to be that we are all addicted to something and to live life to the best of our ability, we need to find out what it is and let go of it. Alternatives to this title are Wyatt S. Schaefer's *Addiction* (2007) and Louise I. Gerdes's *Addiction* (2004, both Greenhaven). "Robin Henry, Wakeland High School, Frisco, TX" (c) Copyright 2010. Library

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Dale Carlson has been awarded three ALA Notable Book Awards, the Christopher Award, three New York Public Library Best Books for Teens, YALSA Best Picks, and three Book of the Year Awards from ForeWord magazine. Hannah Carlson, M.Ed., LPC has been awarded three ALA Notable Book Awards and the Christopher Award.

"In ADDICTION: THE BRAIN DISEASE, authors Dale and Hannah Carlson, M.Ed., LPC first define addiction, and include not only substance abuse, but also behavioral addictions such as shopping, binge eating, and gambling. A particularly interesting chapter addresses addiction to self and self-importance...Assessment tools are provided, short stories illustrate examples of specific behaviors, genetic and chemical aspects of addiction, cultural and social aspects of addiction are written especially for young adults...The information in this book has immeasurable value." Catherine Thureson, FOREWORD MAGAZINE, OCTOBER 2010.

Too much of anything is a bad idea. "Addiction: The Brain Disease" discusses the challenges of addiction and how they took hold of people and take control of their lives. Defining addiction, its many varieties, the routes to recovery, and more. A complete and comprehensive analysis of addiction and the impact of these diseases, "Addiction: The Brain Disease" is an intriguing and fascinating read, and a core addition to any health studies collection.

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Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control

Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receding Gums) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Addiction:The Brain Disease Brain Games® #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Why Isn't My Brain Working?: A Revolutionary Understanding of Brain Decline and Effective Strategies to Recover Your Brain's Health

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